



HIMALAYAN
INSTITUTE®
THE ART OF JOYFUL LIVING™

Application for 200 Hour Teacher Training

Full Name _____ Male _____ Female _____

Mailing Address _____

Phones: Home _____ Work _____ Cell _____

Email _____

Date of Birth _____ Profession _____

On a separate piece of paper, briefly answer the following questions:

- When did you begin to study hatha yoga?
- What yoga classes and workshops have you attended in the past two years?
(Please list the tradition or style of your training and approximate hours per week)
- Describe your personal practice. How often do you practice and for how long?
- List details of any previous yoga teacher training
- Describe any previous experience teaching hatha yoga
- How has yoga effected your life?
- Why do you wish to become a yoga teacher?

Two references are required for the 200 hour program. Please use the reference forms from this website. Please also include a passport size photo with your application.

I understand that acceptance for admission to this program is based upon the Institute's assessment of my general qualifications. I also understand that the admission decision is at the sole discretion of the Himalayan Institute.

Signature _____

Payment: \$100 application fee (nonrefundable, includes Himalayan Institute membership).

Check is enclosed

Visa

MasterCard

Credit Card # _____ Expiration Date: _____

Signature _____ Date _____

Send your application with check or credit card information to:

Tulaa Yoga / HITA Teacher Training
2003 Floral Drive
Wilmington, DE 19810
tulaayoga.com/teachertraining.asp
HimalayanInstitute.org

For more information:
Call: **302.242.6167**
Email: tt@tulaayoga.com

Yoga Teacher Reference

Yoga Teacher Training with the Himalayan Institute

Applicants to the yoga teachers training certification program are required to submit references from individuals who have personal knowledge of their yoga experience. Your input regarding the applicant will enable us to better evaluate her/his qualifications. If additional space is needed, please use the back of this form.

(Please print)

Name of applicant _____

Name of yoga teacher giving reference _____

Address _____

Phone number _____

Please respond to the questions below:

1) In what capacity have you known the applicant?

2) How long has the applicant been attending your yoga classes? _____
How often? _____

3) Rank the applicant's sincerity towards her or his practice of yoga:

1 2 3 4 5 6 7 8 9 10
Least Most

4) Rank the applicant's proficiency in yoga:

1 2 3 4 5 6 7 8 9 10
Low High

5) Rank the applicant's overall readiness to become a yoga teacher:

1 2 3 4 5 6 7 8 9 10
Not ready Well prepared

We would appreciate your comments regarding the applicant:

Yoga Teacher Reference

Yoga Teacher Training with the Himalayan Institute

Applicants to the yoga teachers training certification program are required to submit references from individuals who have personal knowledge of their yoga experience. Your input regarding the applicant will enable us to better evaluate her/his qualifications. If additional space is needed, please use the back of this form.

(Please print)

Name of applicant _____

Name of yoga teacher giving reference _____

Address _____

Phone number _____

Please respond to the questions below:

1) In what capacity have you known the applicant?

2) How long has the applicant been attending your yoga classes? _____

How often? _____

3) Rank the applicant's sincerity towards her or his practice of yoga:

1 2 3 4 5 6 7 8 9 10

Least Most

4) Rank the applicant's proficiency in yoga:

1 2 3 4 5 6 7 8 9 10

Low High

5) Rank the applicant's overall readiness to become a yoga teacher:

1 2 3 4 5 6 7 8 9 10

Not ready Well prepared

We would appreciate your comments regarding the applicant: